BEDALE PARK OUTDOOR FITNESS – CODE OF CONDUCT



CODE OF CONDUCT PERSONAL TRAINERS AND FITNESS COACHES

Capitalised words and phrases used in this code of conduct have the meanings given to them in the Outdoor Fitness Terms and Conditions, a copy of which can be found on the Council's website.

The purpose of the code of conduct is:

- 1. To provide the opportunity for visitors to benefit from, enjoy and engage in fitness training in a variety of outdoor environments.
- 2. To ensure access to and use of public open space is preserved for all visitors.
- 3. To protect the Park.
- 4. To avoid conflict between the Licensee, other Park users and neighbours.
- 5. To ensure that the Licensee is responsible for participants' safety,

THE CODE:

- 1. The Licensee shall not have exclusive rights over any area of the Park and shall ensure that right of way is given to other users of the Park.
- 2. The Licensee will responsibly manage all matters pertaining to health and safety, and will ensure that thorough risk assessments are completed and that adequate procedures are in place relating to first aid and accident reporting.
- 3. No large items of fitness equipment shall be used in the Park. Only hand-held equipment (e.g. Jogging weights, Kettle bells and resistance bands) is permitted.
- 4. The Licensee will not leave any equipment or rubbish in the Park following a training session and shall ensure the Park is left in the same condition that it is found.
- 5. The Licensee will keep all Park pathways clear and accessible to other Park users.
- 6. The Licensee will not display, produce or distribute any sign or advertisement whilst within the Park except to clients undertaking training, The Licensee is permitted to wear branded clothing as part of a uniform, however.
- 7. The Licensee will not overuse any particular area of the Park or cause unreasonable wear and tear to the fabric of the Park.



Park 'No Go' Zones:

8. The Licensee is not permitted to use:

- Areas within the Park where training activities would have a negative impact on other Park users.

- Areas of high pedestrian activity such as pathways, the youth shelter and the bandstand.

- Areas set aside for the use of children (The fenced playpark and the skate park.)

- Areas of the Park that are exposed, fragile or vulnerable (e.g. waterlogged, obviously worn or muddy areas).

- Areas closed for renovation, planting or upgrading.

- Any Park structures, trees, fixtures and furniture must not be used for training purposes.

Park 'No Go' Activities:

9. The following activities are not permitted:

- Whistles and loud shouting or other intrusive, noisy activities.

- Aggressive, intimidating or unreasonably noisy training activities that interferes with the comfort of other visitors.

- Use of objects that mark out an area to imply exclusive use.

The Licensee and its Trainers must abide by this code of conduct at all times while in the Park. Noncompliance with the code may result in your licence being terminated and you being asked to leave the park immediately.